



**SENIOR ADVISORY COMMISSION**  
Agenda for November 21, 2024 – 9:00am  
NYA City Hall Council Chambers

**SENIOR ADVISORY COMMISSION and PARTNERS**

*Communicating the social, economic, recreational, cultural, and personal needs of the senior portion of the City's population.*

**COMMISSION MEMBERS**

Carolyn Durbin\*, LaVonne Kroells\*, Lois Schultz\*, Tom Simmons\*, Kay Hampshire\*, Cathleen Williams\*, Mary Spille\*, Elroy Latzig\*, Betty Settergren\*, Colleen Pawelk\*, Eloise Swanson\*, Darlene Smith-Lehrman\*, Rosemary Solheid\*

**SENIOR HOUSING ADVISORS**

Ranemma Walker – The Haven, Laurie Hilgers – The Harbor, Brenda Schmitz – Peace Villa, Ryker Anderson– Oak Grove

**COMMUNITY/CITY REPRESENTATIVES**

City Council Representative – Mike McPadden\*, Karen Hallquist – City Hall, CC Sheriff Office Jesse Lee, CC Public Health, CC Library Laurel Bradshaw, NYA Fire Chief

(\*) voting members

**1. Call meeting to Order**

**2. Pledge of Allegiance**

**3. Adopt Agenda**

**4. Approve minutes from October 17, 2024**

**5. Introductions, Presentations, and Public Comment**

(Citizens may address the Senior Advisory Commission about any non-agenda item of concern. Speakers must state their name, address, and limit their remarks to three minutes. The Senior Advisory Commission will take no official action on these items but may refer the matter to staff for a future report or direct that the matter be scheduled for a future meeting.)

**6. Updates**

**Monitor and expand housing options for seniors –**

**6.1 Senior Residence Updates**

- 6.1.1 Harbor / Haven
- 6.1.2 Peace Villa
- 6.1.3 Oak Grove

**Provide safe options for seniors to get around –**

**6.2 City Bus Update**

- 6.2.1 Transit Link Circulators

**Identify and promote education and social options for seniors –**

**6.3 NYA Senior Center**

**6.4 Carver County Public Health –**

**6.5 Carver County Sheriff's Department**

**6.6 NYA Fire Department**

**6.7 Carver County - NYA Library**

**7. Old Business**

- 7.1 2025 Proposed Goal

7.2 Spring Dance – May 4, 2025 Committee: Colleen Pawelk, Mary Spille, LaVonne Kroells, Rosemary Solheid, Elroy Latzig

8. New Business

9. NYA City Council Update – Council Member Mike McPadden

10. Adjournment

**Next Senior Advisory Meeting – Thursday, December 19, 2024 @ 9:00am @ City Hall**

December 3 <sup>rd</sup>	Planning and Zoning Committee Meeting	6:00 PM
December 9 <sup>th</sup>	City Council Meeting/TNT Public Hearing	6:00 PM
December 11 <sup>th</sup>	NYA Food Distribution	12:30 PM – 1:30 PM
December 19 <sup>th</sup>	Sr. Advisory Meeting	9:00 AM
December 23 <sup>rd</sup>	No City Council Meeting	
December 24 <sup>th</sup> &25 <sup>th</sup>	City Hall Closed in Observance of the Christmas Holiday	
January 1 <sup>st</sup>	New Year's Day – City Hall Closed	
January 7 <sup>th</sup>	Planning and Zoning Committee Meeting	6:00 PM
January 13 <sup>th</sup>	City Council Meeting	6:00 PM
January 15 <sup>th</sup>	Park and Recreation Committee Meeting	5:30 PM
January 16 <sup>th</sup>	Senior Advisory	9:00 AM
January 27 <sup>th</sup>	Workshop/City Council Meeting	5:00 PM/6:00 PM

**Senior Advisory Commission**  
**October 17, 2024, 9am**  
**Minutes**

Commissioners In Attendance: Kay Hampshire, Betty Settergren, Cathleen Williams, LaVonne Kroells, Carolyn Durbin, Mary Spille, Elroy Latzig, Mike McPadden, Darlene Smith-Lehrman, Tom Simmons, Rosemary Solheid  
Absent: , Lois Schultz, Colleen Pawelk, Eloise Swanson  
Community/City Representatives: City Council Representative - Mike McPadden, Karen Hallquist – City Hall, CCPH Samantha Downs, CC Library Laurel Bradshaw

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1. Call meeting to Order
  - Kroells called the meeting to order at 9:00 am.
2. Pledge of Allegiance
  - All present recited the Pledge of Allegiance
3. Oath of Office for Rosemary Solheid
4. Adopt Agenda

*Motion: EL/CD to approve the agenda. Motion passed 11-0.*
5. Approve minutes from August 15, 2024

*Motion: CW/KH to approve the minutes. Motion passed 11-0.*
6. Introductions, Presentations, and Public Comment – none
7. Updates
  - 7.1 Senior Residence Updates
    - 7.1.1 Harbor/Haven – 3 open, 2 reserved, Haven has 2 open, 1 reserved, Memory Care is full. Hiring for Resident Assistants for AM/PM, overnight, and on-call positions.
    - 7.1.2 Peace Villa—Occupancy is 100%. There were 18 apartment turnovers in 2022. Most turnovers were moved to the Harbor/Haven. There will be an annual meeting in October.
    - 7.1.3 Oak Grove –Occupancy is 100%, with a waiting list of 50-60. They had their annual meeting.
  - 7.2 City Bus Update
    - 7.2.1 Transit Link Circulators started October 1, 2024 – There has been good ridership so far.
    - 7.2.2 Last day of City Bus service October 30, 2024
  - 7.3 NYA Senior Center – 34 people in attendance including new people. New games have been added.
  - 7.4 Carver County Public Health—There are a couple of grant opportunities available for senior resources. Friends & Co is a program promoting visiting with older people. Vaccines are available at the government center in Chaska on Nov 5, 19, and Dec 3, 17, or at the local pharmacy. COVID tests are available on the federal website, and CCPH has given some to the NYA Library.
  - 7.5 Carver County Sheriff's Department - none
  - 7.6 NYA Fire Department - none
  - 7.7 Carver County—NYA Library—The Turnout for the Technology Lunch & Learn was 30 people. The event received such a positive response that the library will be doing it in Watertown as well. The winter newsletter will be coming out soon. Bradshaw is retiring in January.
8. **Old Business**
  - 8.1 All Commissions on Aging Event – September 6, 2024 – The event was very well received and very positive for Carver County. The NYA Senior Advisory Commission does great with its efforts and events.
  - 8.2 Technology Lunch & Learn – September 25, 2024—It was noted that this class should be repeated every year.
  - 8.3 Move Mindfully – September 27, 2024—Seven to eight people attended. Spille and NYA resident Pat Clark are planning to do this at Peace Villa. This could be a 2025 goal.
9. **New Business**
  - 9.1 2024 Goal review, 2025 Goal discussion – Commissioners will review for the next meeting. A few comments included:

- Since there is no city bus, the goals need to include monitoring the transit circulator program.
  - SMRLS, legal content, fraud, etc. could be Lunch & Learn topics.
  - MoveMindfully should be a goal again.
  - The senior dance is in the spring.
- 9.2 Spring Dance – May 4, 2025 – Need Committee – Colleen Pawelk, Mary Spille, LaVonne Kroells, Rosemary Solheid, Elroy Latzig. Will meet starting the beginning of the year.
- 9.3 Senior Planet – Good discussion about this program. Senior Planet is through AARP. The NYA Commission does this on a small scale with its current Lunch & Learn opportunities and the expert presenters. The program has great ideas including topics such as senior fraud which could be done here.

10. NYA City Council Update – none

11. Adjournment

Motion: CD/KH to adjourn at 10:02am. Motion passed 11-0.

Next Senior Advisory Meeting—The Next meeting is Thursday, November 21, 2024, at 9:00 a.m. at City Hall.

Submitted by:

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Karen Hallquist, Community & Economic Development Director



## Norwood Young America Senior Advisory Commission 2025 Goals

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### **1. Monitor and expand housing options for seniors**

- a. Receive updates on local senior facilities including Peace Villa, Oak Grove Residence, The Harbor, The Haven and Reflections
- b. Reach out to local churches, organizations and businesses about senior assistance resources including Beyond the Yellow Ribbon
- c. Support city research on additional senior housing and subsidized housing
- d. Share AARP guide and moving resources to seniors via Senior Center, City Hall, newsletter to encourage aging in place at home

### **2. Provide safe options for seniors to get around**

- a. Monitor and encourage ridership for Metro Mobility Circulation Program
- b. Promote other means of transportation such as WE-CAB, TrailBlazer, etc.

### **3. Identify and promote education and social options for seniors**

- a. Host the NYA Senior Center at the Willkommen Memorial Park Pavilion on the first and third Wednesdays of each month from September to May
- b. Organize three (3) "Lunch & Learns" topics/dates at the Pavilion
  - i. MoveMindfully or something similar
  - ii. Senior Scams or other senior-related health/safety/legal (SMRLS) topics
  - iii. Partnership with NYA Library for understanding Technology\*\*
- c. Share information from Carver County Public Health updates health-related concerns, food resources and senior citizen wellness
- d. Share information from the Carver County Sheriff's Department about community concerns regarding senior citizens
- e. Create a quarterly insert in the City Newsletter specifically addressing senior citizen topics
- f. Utilize the NYA-TV to promote all Senior Advisory Commission activities
- g. Advertise NYA Senior Center in the Community Ed brochures
- h. Organize a Senior Dance at Central Schools
- i. Research columbariums for local city cemeteries
- j. Provide Willkommen to NYA New Resident packets to Oak Grove and Peace Villa to give to new renters.

Commissioners are to discuss additional ideas for 2025 Goals.